Rationale:
Some students attending school need medication to control a health condition or overcome an illness. It is necessary that teachers and administration staff, as part of their duty of care, supervise and assist students, where appropriate, to take their medication at the appropriate time and dose.

The school supports a culture (values, expectations and standards) and shared commitment to zero tolerance of child abuse, and arrangements that allow it to occur will not be tolerated. The school takes into consideration the diversity of the children attending the school, and their particular vulnerabilities. e.g. children with a disability, Aboriginal and Torres Strait Islander children and children from culturally and linguistically diverse backgrounds.

Aim:
• To provide a safe, caring and supportive environment that takes into consideration the health needs and requirements of all students.
• For school staff to carry out their duty of care.

Implementation:
• It is the parents/carers’ responsibility to keep sick or contagious children home from school.
• Where a child requires regular preventative medication, such as ADHD, asthma preventatives, or the child is well enough to attend school after an illness but still requires medication to be administered during school hours, a written and signed consent form must be provided by parents/carers and given to the principal.
• The student’s parent/carer must supply medication with their child’s name on it, times to be administered and dose. The school will house the medication as required on the label. Medication held at the school should be collected by parents/carers at the end of the school day if the child needs the medication to be taken outside of school hours.
• The principal or delegate of the principal will administer medication according to the parent’s/medical practitioner’s written instructions, ensuring the student’s privacy and confidentiality are maintained as required.
• When administering prescription medication on behalf of parent/carers, the written advice received must be supported by specific written instructions on the original medication bottle or container, such as that on the pharmacists label noting the name of the student, dosage and time to be administered.
• Analgesics can mask signs and symptoms of serious illness or injury and will not, therefore, be administered by the school, as a standard first aid strategy. Therefore analgesics such as aspirin and paracetamol will not be stored in the school’s first aid kit.
• The school in consultation with parents/carers and the student’s medical/health practitioner may consider the age and circumstances by which the student could be permitted to self-administer their medication such as asthma spacers, however this will be done under adult supervision.
• Medication such as the application of an Epipen may be administered by school staff in an emergency or under the direction of a medical practitioner.
• The principal (or nominee) administrating medication needs to ensure that they have written permission to administer medication and they administer the right medication to the right child at the right dose and time by the right route (for example, oral or inhaled) and that they complete the school’s medication register and store the medication safely.

Udrive Plans and Policies - Wooragee New Policies
• The principal or their nominee will inform teachers of those students in their charge who require medication to be administered at the school. Teachers may be required to release students at prescribed times so they may receive their medications from the principal or nominee.

• The School Medication Register will be completed by the person administering the taking of medication.

• The school in consultation with parents/carers and the student’s medical/health practitioner will consider the age and circumstances by which the student could be permitted to self-administer their medication. Ideally, medication to be self-administered by the student should be stored by the school. However, where immediate access is required by the student, such as in the case of asthma, anaphylaxis, or diabetes, medication must be stored in an easily accessible location.

**Note:** It is at the principal’s discretion to agree for the student to carry and manage his/her own medication.

**Related policies**

- Anaphylaxis Policy
- First Aid Policy
- DET Medication Policy
- DET Anaphylaxis Policy
- DET Health Support Planning Policy
- Asthma Society Webpage

Appendices which are connected with this policy are:

- Appendix A: Medication Management Procedures
- Appendix B: Medication Authority Form

**Evaluation:**

- This policy will be reviewed every three years or earlier as required.

*Ratified: July 2017

Review Date: July 2020 or earlier as required*
Appendix A

Medication Management Procedures

The school has developed procedures for the appropriate storage and administration of prescribed and non-prescribed medicines to students by school staff with reference to individual student medical information.

1. **Student Information**

Parents and/or guardians are required to keep the school informed of current medical contact details concerning students and any current medical conditions and appropriate medical history.

Every student who has a medical condition or illness has an individual management plan that is attached to the student’s records. This management plan is provided by the student’s parents/guardians and contains details of:

- the usual medical treatment needed by the student at school or on school activities
- the medical treatment and action needed if the student’s condition deteriorates
- the name, address and telephone numbers for an emergency contact and the student’s doctor

2. **Administration of prescribed Oral Medication**

Parents/guardians are required to inform the principal in writing of any prescribed medication that students need to take in school hours. Where medication is required in spontaneous situations, detailed administration instructions should be provided, for example in the case of asthma attacks.

Certain students are capable of taking their own medication (usually tablets) while other students will need assistance from teachers. This information will be recorded on the individual student’s management plan.

All medication sent to school is to be administered by school staff and, parents/guardians are required to supply medication in a container that gives the name of the medication, name of the student, the dose, and the time it is to be given. All medication must be stored in the office/sickbay.

Where medication for more than one day is supplied, it is to be locked in the storage cupboard in the school administration office.
3. **Administration of Analgesics**

Analgesics are only to be given following permission of parents/guardians and are to be issued by a First Aid Officer who maintains a record to monitor student intake. Analgesics are to be supplied by the parents.

4. **Asthma**

Asthma is an extremely common condition for Australian students. Students with asthma have sensitive airways in their lungs. When exposed to certain triggers their airways narrow, making it hard for them to breathe.

Symptoms of asthma commonly include:
- cough
- tightness in the chest
- shortness of breath/rapid breathing
- wheeze (a whistling noise from the chest)

Many children have mild asthma with very minor problems and rarely need medication. However, some students will need medication on a daily basis and frequently require additional medication at school (particularly before or after vigorous exercise). Most students with asthma can control their asthma by taking regular medication.

4.1 **Student Asthma Information**

Every student with asthma attending the school has a written Asthma Action Plan, ideally completed by their treating doctor or paediatrician, in consultation with the student's parent/carer.

This plan is attached to the student's records and updated annually or more frequently if the student’s asthma changes significantly. The Asthma Action Plan should be provided by the student’s doctor and is accessible to all staff. It contains information including:
- usual medical treatment (medication taken on a regular basis when the student is ‘well’ or as pre-medication prior to exercise)
- details on what to do and details of medications to be used in cases of deteriorating asthma – this includes how to recognise worsening symptoms and what to do during an acute asthma attack
- name, address and telephone number of an emergency contact
- name, address and telephone number (including an after-hours number) of the student’s doctor

If a student is obviously and repeatedly experiencing asthma symptoms and/or using an excessive amount of reliever medication, the parents/carers will be notified so that appropriate medical consultation can be arranged. Students needing asthma medication during school attendance must have their medication use; date, time and amount of dose recorded in the First Aid Treatment Book in the sick bay each time for monitoring of their condition.
4.2  **Asthma Medication**

There are three main groups of asthma medications: relievers, preventers and symptom controllers. There are also combination medications containing preventer and symptom controller medication in the same delivery device.

Reliever medication provides relief from asthma symptoms within minutes. It relaxes the muscles around the airways for up to four hours, allowing air to move more easily through the airways. Reliever medications are usually blue in colour and common brand names include Airomir, Asmol, Bricanyl, Epaq and Ventolin. These medications will be easily accessible to students at all times. All students with asthma are encouraged to recognise their own asthma symptoms and take their blue reliever medication as soon as they develop symptoms at school.

Preventer medications come in autumn colours (for example brown, orange, and yellow) and are used on a regular basis to prevent asthma symptoms. They are mostly taken twice a day at home and will generally not be seen in the school environment.

Symptom controllers are green in colour and are often referred to as long acting relievers. Symptom controllers are used in conjunction with preventer medication and are taken at home once or twice a day.

Symptom controllers and preventer medications are often combined in one device. These are referred to as combination medications and will generally not be seen at school.
# Medication Authority Form
for a student who requires medication whilst at Wooragee Primary School

This form should be completed ideally by the student’s medical/health practitioner, for all medication to be administered at school. Please only complete those sections in this form which are relevant to the student’s health support needs.

Student’s Name: ___________________________________________ Date of Birth: ________________

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Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day: it can be taken before and after school and before bed.

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<table>
<thead>
<tr>
<th>Medication required:</th>
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</thead>
<tbody>
<tr>
<td>Name of Medication/s</td>
<td>Dosage (amount)</td>
<td>Time/s to be taken</td>
<td>How is it to be taken? (eg orally/topical/injection)</td>
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<td></td>
<td></td>
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<td>Dates</td>
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<td>Start date: / /</td>
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<td>End Date: / /</td>
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<td></td>
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<td>□ Ongoing medication</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Medication Storage</th>
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</thead>
<tbody>
<tr>
<td>Please indicate if there are specific storage instructions for the medication:</td>
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</tbody>
</table>

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<table>
<thead>
<tr>
<th>Medication delivered to the school</th>
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<tbody>
<tr>
<td>Please ensure that medication delivered to the school:</td>
</tr>
<tr>
<td>□ Is in its original package</td>
</tr>
<tr>
<td>□ The pharmacy label matches the information included in this form.</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Monitoring effects of Medication</th>
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</thead>
<tbody>
<tr>
<td>Please note: School staff do not monitor the effects of medication and will seek emergency medical assistance if concerned about a student’s behaviour following medication.</td>
</tr>
</tbody>
</table>

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**Privacy Statement**
The school collects personal information so as the school can plan and support the health care needs of the student. Without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorised or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or FOI Unit on 96372670.

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<table>
<thead>
<tr>
<th>Name of Parent/Carer/:</th>
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<tbody>
<tr>
<td>Signature:</td>
</tr>
<tr>
<td>Date:</td>
</tr>
</tbody>
</table>

If additional advice is required, please attach it to this form.